

HEART WORK PAYS OFF



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The Gap

Guideline-directed medical therapy (GDMT) is crucial for managing heart failure with reduced ejection fraction (HFrEF), improving survival, reducing hospitalizations, and enhancing quality of life. However, rural and remote patients face barriers such as limited access to primary care providers, specialists, and heart function clinics due to workforce shortages, geographical distances, and transportation challenges.



THIS IS AWESOME!

When I was diagnosed with my heart problem, I was told it was a year and a half wait to be reviewed. Then you guys were able to review me sooner, and I'm already feeling great before my first appointment with the heart function clinic"

– Patient in Northern Health

Primary Care Pharmacists

Collaborating with primary care providers (PCPs), including family doctors and nurse practitioners, clinical pharmacists see patients both in clinic and virtually. They help manage chronic conditions and optimize medication regimens through comprehensive medication management. They create individualized care plans, conduct medication reviews, and support preventive care.

What is the Project?

PCPs meet with a cardiologist and a primary care pharmacist to discuss heart failure management and decide which patients to refer for GDMT optimization. The team collaborates to quickly titrate medications to target doses and monitor the patient's progress, ensuring safe and effective heart failure management.

Impact on Patients

Patients gain timely, specialized heart failure care without extensive travel. They receive education and optimized therapy, improving their overall health.

