Hospital at Home: Putting the "Patient" Back in Patient Care



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March 20, 2024







Land Acknowledgement











Outline

- The "Why"
- Clinical Progress
- HaH and Pharmacy
- Patient Oriented Research
- Celebrations
- Future of HaH









What Is HaH?

- Internationally-recognized model
- Acute care in the home
- Short-term
- Voluntary











Why HaH?



"Hallway medicine" is a common occurrence, leading to staff burnout and poor clinical outcomes.

Overcapacity in hospitals is a daily experience in British Columbia.







Why HaH?

- Additional acute care capacity
- Proven to be safe
- Patient and caregiver preference
- Cost equivalence



Trusted evidence. Informed decisions. Better health.







Provincial Mandate

The Minister of Health's Mandate Letter



November 26, 2020

Honourable Adrian Dix Minister of Health Parliament Buildings Victoria, British Columbia V8V 1X4

Dear Minister Dix:



tele-health, and providing a new Hospital at Home program so patients can get safe care while in the comfort of their homes.

the challenges of the past number of months, yet British Columbians have demonstrated incredible resilience, time and time again. We will get through the pandemic and its aftereffects by building on this resilience and focusing on what matters most to people.















Clinical Progress











Clinical Progress

- Opened two HaH units
 - Victoria General Hospital: November 2020
 - Royal Jubilee Hospital: March 2021
- Over 2200 patients
- Return-to-hospital rate within target (6-8%)
- Outstanding patient & caregiver feedback









The Island Health HaH Team

- Hospitalist Physicians
- Clinical Nurse Leaders
- Registered Nurses
- Clinical Pharmacists
- Clinical Nurse Educator
- Occupational Therapist
- Registered Dietician
- Nursing Unit Assistant







HaH and Pharmacy









Clinical Workflow

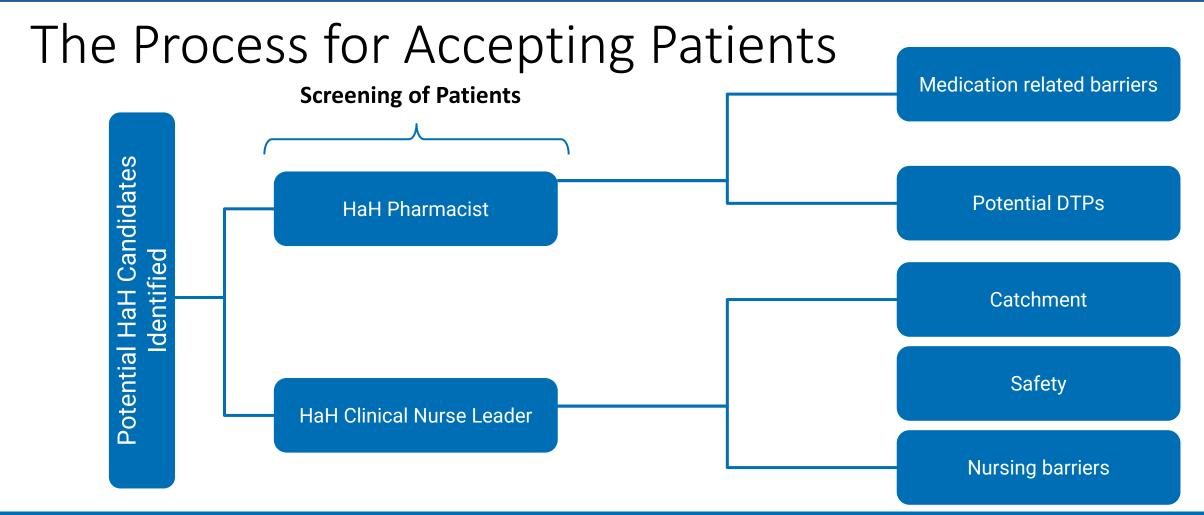
- Many similarities with inpatient clinical pharmacy practice, but a few distinct differences:
 - HaH patients assume a greater responsibility for their care establishing goals
 of therapy and provision of education is even more important
 - HaH has different communication needs clinical pharmacist must be able to adapt their communication style and method
 - 7 days/week clinical pharmacy services provided
- Physicians relying on pharmacist input to streamline medication regimens







Clinical Workflow











Clinical Workflow

The Process for Accepted Patients

HaH Hospitalist

Prepares and/or reviews
Admission/Transfer Med Rec

Pharmacy Technicians

CLINICAL

Documents

on eChart

initial consult

DISPENSARY

HaH Pharmacist

Documents significant medrelated problems, med changes and DTP resolutions on eChart

Prepares and/or reviews
Admission/Transfer Med Rec

HaH Pharmacist

Verify the orders

Print the MARs







Distribution

Oral medications

 Similar to community pharmacy – oral tablets are removed from unit dose packaging and dispensed in child-resistant vials with medication label

Parenteral medications

- Need to establish WHO is administering
 - Nurse dispensing follows traditional inpatient procedures (i.e. abx vial dispensed for nursing to reconstitute and administer)
 - Patient/caregiver elastomeric balls vs pharmacy prepared syringes vs patient to self-draw from vial

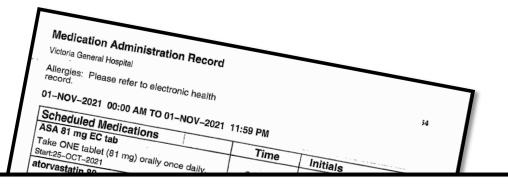








Patient Friendly **cMAR**



Medication Administration Record

Victoria General Hospital

54

Allergies: Please refer to electronic health record.

01-NOV-2021 00:00 AM TO 01-NOV-2021 11:59 PM

Scheduled Medications	Time	Initials
ASA 81 mg EC tab	8:00 AM	*
Take ONE tablet (81 mg) orally once daily.		
Start:25-OCT-2021		
atorvastatin 80 mg tab	9:00 PM	
Take ONE tablet (80 mg) orally at bedtime.		
Start:24-OCT-2021		







The second secon





Technology

- Remote Patient Monitoring
- BC Virtual Visit
- Virtual Call Bell
- Vehicles / GPS
- Smartphones
- Secure messaging
- UVC sanitization
- Elastomeric Balls
- Bladder Scanner









Once Patient in HaH Program

- Structured team report daily with hospitalist, CNL, nurses, OT
 - qWednesdays palliative care rounds with palliative physician virtually
- Daily clinical assessment similar to inpatient wards for monitoring and identification of DTPs
- Medication counselling on new medication starts
- On discharge:
 - Prepare or review discharge medication reconciliation (i.e. discharge script)
 - Prepare medication calendar if necessary
 - Counsel patient
 - Document discharge consult if specific medication follow-ups required







Current Challenges

- Patient is not in hospital
 - Communication with patients
 - Reliance on nursing for monitoring of patients
 - Require POC testing/equipment
- Home visits
- Medication distribution for patients not using medication vials prior to admission
- Increased number of PSLS due to medications not taken properly
- NAPRA guidelines and sterile product workload limit being able to take patients on SC medications at greater than daily-BID frequency
- Increased workload for dispensary
- Timely discharges patient's like HaH too much









Patient Oriented Research









Patient Oriented Research

Traditionally, patients have mostly been the subjects of health research, or "study participants" but ...

...POR is done differently!

- ☑ is done in partnership with patients (as part of the research team!);
- ☑ answers research questions that matter to patients;







Why Engage Patients?









Public / Stakeholder Engagement on HaH









AT-HOME POR Program of Research

INvestigation of the impact of a Pharmacist in a Hospital At **Technology** Experience Home Care Team (IN PHACT) (AT-HOME / HaH) (AT-HOME/ Decision Support) (AT-HOME) What **Clinical Outcomes Evaluation Human Health Resourcing** (AT-HOME / Decision Support / Synergy of DS/Research (Finance / HaH) HaH) Contractors / Students Pharmacists / Physicians **Patients** Who Island Health Research Department / **UVic** Operations / Decision Support **BC SUPPORT Unit** Alternatives to Traditional Hospital Care Offered in Monitored Environments (AT-HOME) - Investigators







Evaluation Framework



Cost of Care

How does the cost of care compare to the cost of in-hospital care?

Quality of Care

Did patients receive equal or better quality of care than in-hospital patients?

Implementation

Did the approach achieve the desired result?

Patient & Caregiver Experience

What are patients and caregivers' experience with the service?

Staff & Clinician Experience

What are the staff's and clinician's experience with the service?







HaH Patient and Caregiver Survey Results

100% of patients would recommend HaH

97% of patients said they would choose HaH again, and93% felt completely safe.

98% of <u>caregivers</u> would recommend HaH, would do it again, and felt confident as a caregiver.

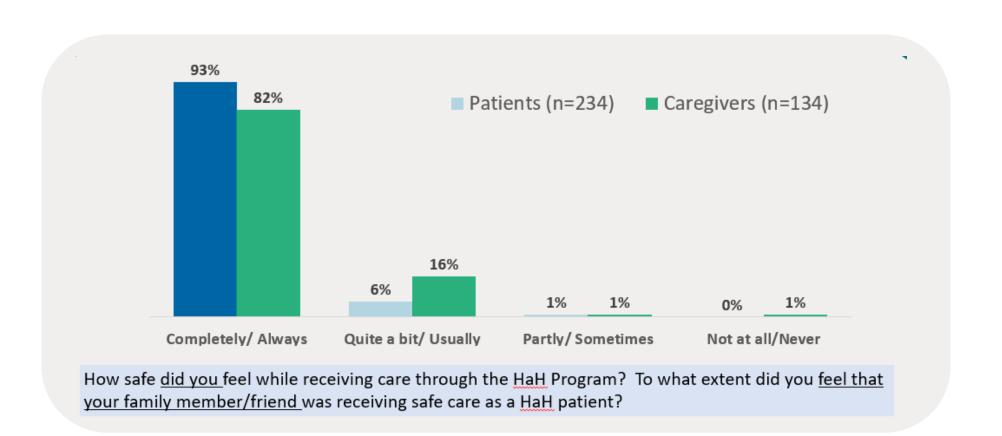








HaH Patient and Caregiver Survey Results

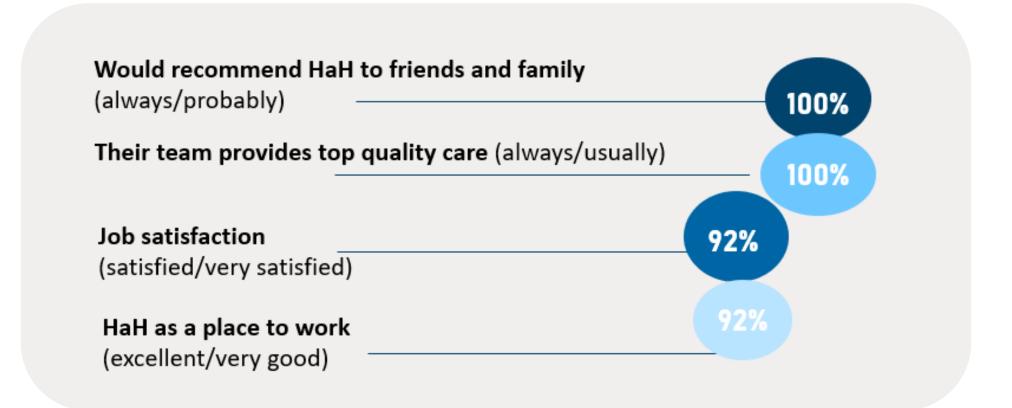








HaH Staff Experience









HaH Clinical Outcomes

Similar or better- local data under peer review







Celebrations











Media

As pandemic persists, B.C. rolls out

Hospital At Home program

Victoria General Hospital is launching a new program aim transmission in hospitals — and freeing up beds in the eve 19 cases — by moving people home who are in hospital for

Cindy E. Harnett



NEWS OPINION LIFE & ARTS SPORTS FEATURES CLASSIFIEDS OBITUA

Home > Local News

Creating hospital beds 'out of thin air': Hospital at Home program launches

in Victoria



NEWS OPINION LIFE & ARTS SPORTS FEATURES CLASSIFIEDS OBITUA

Much praise for Hospital At Home

On Feb. 23, my husband Gordon suffered a heart attack and was transferred to Victoria's Royal Jubilee Hospital, where he was also diagnosed with a gallbladder infection.









2022 CCHL Excellence In Patient Experience Award







FEATURE REPORT: DIRECTORY OF HEALTHCARE I.T. VENDORS - PAGE 24

Healthcare Technology



ia has become a Canadian leader with its Hospital at Home project, one of the first in Canada to treat a wide

BC project manages acute-care patients in their own homes

Articles

Healthcare IT News

Hospital-at-home program helps Island Health boost patient satisfaction

A full 100% of patients and family caregivers said the recommend the remote-monitoring experience to far friends, says a leader from the health system, who wi explain more at HIMSS22.

By Bill Siwicki | March 07, 2022 | 02:19 PM



VICTORIA HOSPITALS

Dr. Sean Spina

of Clinical Pharmacy Services at Royal Jubilee Hospital, and

focuses his research on evaluating the impact of

The Researcher **Next Door** Dr. Spina is Coordinator

Did You Know?

The Victoria Hospitals Foundation (VHF) supports important medical

research that helps keep the Vancouver Island community healthy. With

the support of its donors, the Foundation funds 40% of the equipment in

Victoria General, Royal Jubilee and Gorge Road hospitals. In addition, it

funds research and education projects focused on advancing healthcare.

Recently, VHF has funded research to help uncover hidden cases of COVID-19, create a clinical biobank at Victoria General Hospital, and

"We're inspired by the innovative work of our research and care teams." and the commitment from our donors to support vital research," says Avery Brohman, Executive Director of the Foundation. Learn more about the research projects supported by Victoria Hospitals Foundation

integrating health technologies into clinical practice. He's a Clinical Associate

Professor at the University of British Columbia, and an Adjunct Assistant Professor in Health Information Sciences at the University of Victoria. View his

research profile and recent publications.

support advancements in cognitive health care.



Sean P. Spina, PharmD, director of special projects at the Vancouver Isla

Hospital care in the comfort of your own home

Island Health Expands Its Remote

Canada's Island Health system has launched a remote patient

monitoring platform that seeks to include any patient who can be

monitored at home, rather than focusing on a specific population.

Patient Monitoring Strategy

ts as home. Hospital as Home (HaH) : sute of health technologies to provide safe, effective hospital-level care and services to people in their own home Through a combination of in-persor and virtual visits, patients are "admiteed" to the hospital, and remain under the care of a hospital physician, nur has implemented a one-program, rw tte prototype at the Victoria Genera ospital and Royal Jubilee Hospital i ictoria, BC. While similar program have been implemented successfully in other countries, it's a novel concern t Canada. This is also the first program with dedicated hospital clinical phar mactses embedded in the care team. The HaH model leverages the spectific benefits pharmacters provide t



AND VIRTUAL VISITS, PATIENTS ARE "ADMITTED" TO THE HOSPITAL, AND REMAIN UNDER THE CARE OF A HOSPITAL PHYSICIAN. NURSE DIFTICIAN CLINICAL PHARMACISTS AND OTHER HEALTHCARE PROVIDERS.

as nationers to the development of both the program and the evaluation frame-work, and we implemented a broad of a public survey and key informan views to hear from people across

As a direct result of feedback from these partners, we implemented a virtual call bell, enabling patients to reach a member of their care team remotely at any time, at the push of a button. We also implemented a comtng hands in front of partenes, are im uation framework grounded in pattern

leure. By inviting es to the table and there has been a oration, inclusivity ering as expens on

acton please follow Island Health HaH a's webpage or email n@VIHA.ca. [2]





October 19, 2021 - Because the remote patient monitoring landscape is so new and innovative, healthcare providers are approaching the space with a wide range of strategies. On Canada's Pacific coast, one health system has launched a program that aims to include as many patients as









Publications

Check for updates

RESEARCH IN PROGRESS # PEER-REVIEWED

Hospital at home: The role for clinical pharmacy in an innovative acute care model in British Columbia

Morgan E. Patrick, MSc, PharmD ; Curtis K. Harder, BSc(Pharm), ACPR, PharmD, FCSHP. Scan P. Spina, BSc(Pharm), ACPR, PharmD, FCSHP

In November 2020, Island Health, with the support of the BC IN STATEMENT AND INSTITUTE TREATH, WHIT HE SUPPOSE OF THE DIC.
Ministry of Health, introduced Hospital at Home (HaH), an innovative model of acute care that provides hospital-level treatment and services to patients in their own homes. The treatment and services to patients in their own insumes, the combination of in-person and virtual supports allows patients to receive safe and effective care from acute care health care to receive saw and enecure care from acute care means care providers. Despite being at home, patients are "admitted" to the hospital and remain under the care of a hospital-based team.

The pharmacy department was identified as a major stake. ine pharmacy acquartment was menumen as a major scase; holder at idea inception, given the target patient population and the requirement for medication therapy. Distribution of and use requirement for meancaston merapy. Distribution of medications to patients in their homes brought with it obvious theuragons to patients in their nomes torough wan a cornous challenges. However, given the acuity of the patients anticipated to receive care through this model, questions quickly pased to receive case intrough this mouet, questions questions arose about how the delivery of clinical pharmacy services that hospital inpatients rely on could be included in the Half unat nospital impatients rely on cound be included in the start model. Planning for inclusion of a clinical pharmacist on the mouce. Framing 801 inclusion of a clinical pharmacy activities.

Half team required a review of clinical pharmacy activities. that team required a review of cuincal printmacy activities that could be undertaken in a hybrid in-person/virtual model.

The objective of this article is to elaborate on the role of the Half clinical pharmacist and outline how the role's impact is tiast citiical pharmacist and outline now the roles impact is being evaluated. A brief overview of the program and the current supporting evidence will be provided.

Supporting evidence for HaH programs Half has been successfully implemented in Australia, Engtrart nas oven successivily impremented in Australia, Eng-land, Scotland, Spain and France. Many studies, including 4 Cochrane reviews, indicate that HaH provides patients similar or better care than traditional brick-and-mortar hospitals.¹

This patient-centred approach has tal readmissions,4 shorter lengths patient and caregiver satisfaction, living within 1 year and fewer patients with dementia.2 In 2020, of 29 English-language articles is economic benefits of HaH program facility admissions for patients wi monary disease and heart failure and cost-effective model that will it ity and allow patients to receive can Stakeholder-reported experient

have also been studied. In 2019, ded within a randomized contro tive drivers and potential barriers program.6 The study population but broad range of stakeholders, ers, doctors, specialist nurses and interview questions were developed and refined using patient feedback lyzed and coded by 3 independent inductive-deductive method kno analysis." The authors outline posit ability of home comforts; maintain sleep and nutrition; perception of its by friends and family; confiden feelings of safety, reassurance and privacy for clinical assessments barriers include fear of being alon ated with not wanting visitors to el

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ORIGINAL RESEARCH # PEER-REVIEWED



Morgan E. Patrick, MSc, PharmD, ACPR ; Curtis K. Harder, BSc(Pharm), ACPR, Phar FCSHP; Sean P. Spina, BSc(Pharm), ACPR, PharmD, FCSHP

Methods: This prospective, observation

methods study was conducted from

2021 to March 2022. Data collection

HaH pharmacist documenting dally

ties and resolving drug therapy prof

and caregivers completing a 4-qu

charge phone survey and progra

completing a 9-question online

optional 7-question interview.

Results and Interpretation: it

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is in identifying indications fo

and making recommendation

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ABSTRACT

the pharmacist role in Background: In November 2020, Island Health, Hospital at Home (HaH) with the support of the British Columbia Miniswas largely based on try of Health, introduced the Hospital at Home re-creating the services (HaH) care model at Victoria General Hospital in provided to hospital Victoria, British Columbia. Given the acuity of the inpatients; however, patients anticipated to receive care through this we understood that model, questions arose regarding how the delivery there may be important differences in the clinical of clinical pharmacy services on which inpatients rely on could be included. With limited supporting services that pharmacists evidence for the inclusion of a clinical pharmacist, needed to provide in Island Health launched the HaH program with 2 order to optimize care clinical pharmacists who provide services 7 days a in HaH that may be overlooked without week during daytime hours. The aim of this study formal investigation. Is to assess the Impact of the HaH pharmacist on patient care, from the perspective of the pharmacists serving in this role, patients, caregivers and

La mise en œuvre du rôle de pharmacien dans le cadre de l'hospitalisation à domicile (HAD) a été largement basée en recréant les services fourni. aux patients hospitalisés; nous avons compris, cependant, qu'il pouvait y avoir des différences importantes dans les services cliniques que les pharmaciens devaient fournir pour optimiser l'HAD, des différences qui pourraient être négligées en l'absence d'une enquête

Implementation of

les soins dans le cadre de

Conclusion: This study provides support for the integration of a dedicated clip care model. Can Pharm J (Ott) 2023;156:324-330. Hospital at Home (HaH) is an innovative model of acute care that was incorporated into Island Health in Victoria, British Columbia, in November 2020. The combination of in-person and virtual supports allows patients to receive safe and effective care from acute care health care providers. Despite being at home, patients who live within a defined catchment radius are "admitted"

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CPJ/RPC . NOVEMBE



Patients' and family caregivers' experiences wit hospital at home program in British Columbia Sean P. Spina, BSc(Pham), ACPR, PharmD, FCSHP, Island Health,

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Lisa i nompson, Doc, Fanens Farmer
Elizabeth Borycki, RN, PhD, FACMI, FCAHS, FIAHSI, Univer-Lineadern Donyca, alv, Fill, Fracait, Flacial, Flacial, Convenies and Forbes, BSc(Pharm), MPA, ACPR, BCPS, CTE, Island Health

CHIEF K, Harder, BSc (Pharm), ACPR, PharmD, FCSHP, Island Hos Cuttis A. FRIGGE, DSC(CHAIR), A.C.A. FRARIDA, F.COTT, Masse From Nancy Humber, BSC, MD, CCFP, CFPC, MHA, FFRMS, Hospitalis Asancy rumber, DSC, AID, CCFF, CFFC, AIHA, FFRAIS, FIOSPASSA, Andre Kushniruk, PhD, FACMI, FCAHS, FIAHSI, University of Vis Shauna Tierney, MD, CCFP, Hospitalist

Melinda Zeron Mullins, MD, PhD, CCFP, Hospitalist

ADMITTALE THE HOSPITAL AT HOME (HaH) model of case, which enables the provision of The proposal at Frome (Fract) smooth of case, which emoves the parvision of as an alternative to brick and mortar hospital admission, was introduced in as an anematric to once and mortal nospital admission, was introduced in starting with 9 inpatient "beds" in the community. The AT-HOME research stating with 3 inpatient: oeth: in the community, the A1-ti-Oath research to evaluate the patients; and family categores; (FCGs) experiences with the to evaluate the patients and tamay energives (PCS) expendences what one expanded throughout Victoria, BC. In this paper, we discuss the developing expanded throughout Victoria, BC. In this paper, we discuss the developms process and simelines (three phases); and present preliminary findings of the patient and FCG feedback data). The preliminary results show that 100% of the part and covered patient and FCG feedback data. patient and PCG recorded using, the premiumary results show that above to had an overall positive experience with the program (tatted 6-10 on a 10-pc) had an overall posture experience with the program (rated 6-10 on a 10-pot very good). 100% of these patients and 96% of these FCGs would recom-and 97% of these patients and 96% of these FCGs would choose the program-range of the patients and programs to our outlier information of and y've of these patients and you's of these PCAs would choose the programming to care quality, information at The prelaminary results on metics persaming to care quanty, information set and discharge processes; FCG's roles, medication management, and more a and unstrange processes, FCO's tones, memoration management, and more a statem and FCG experiences will be reported at the end of the data collect patient and PCO experiences was on reported at the end of the data coulern HaH program has been positively received by patients and FCOs thus far a

Acyworus

Hospital at Home, patient, family caregiver, experience surveys

Introduction

Background

background

Hospital at Home (HaH) refers to an innovative care roopata at frome (raar) feets to an annovative vate model that has been in practice for over 25 years in several countries around the world. The HAH model provides acute level care in the patient's own home and is distinct acute rever case in the patient's own nome and is distinct from community health care services in that it provides a noni community nesum care services in unit it provinces level of care that would traditionally require a hospital sever or vare that would distillutionly regular a mospital admission. Initially it was conceived to alleviate pressures

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Engaging patients and families in developing, implementing, and evaluating

Hospital at home: A Canadian case study Sean P. Spira, BSc(Pharm), ACPR, PharmD, FCSHP, Island Health, UBC Faculty of Pharmaceutical Sciences,

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Abstract
The Hospital at Home (HaH) care model is naturally patient-centred, with improved patient and family experiences and The Hospital at Home (HaH) care model is naturally patient-centred, with improved patient and family experiences and outcomes firmly anchoring the innovative approach to care. Exitting literature focuses largely on the health care and patient care outcomes of HaH, however, to date, once of the identified literature has reported on engaging patients and patients and containing the HaH model of one A multi-stakeholder, Patient. Patent care outcomes of HaH, however, to date, none of the identified literature has reported on engaging patients at smaller in the development, implementation, or evaluation of the HaH model of care. A multi-talkeholder, Patient Cristated Bestarch team in University Results Colombia, Canada annual angular and demand the colombia of the HaH model of care. families in the development, implementation, or evaluation of the HaH model of care. A multi-stakeholder, Patient-Ociented Research team in Veroria, British Columbia, Canada engaged patients and family (fixed caregives (PPCs) Oriented Research team in Victoria, British Columbia, Canada engaged patients and family/friend caregivers (PPC) across all components of the Haff program. Guided by best practices in patient and public engagement, the team of the control of the public engagement, the team of the control of the public engagement that the control of the public engagement is the control of the public engagement. actors all components of the HaH program. Guided by best practices in patient and public engagement, the team collaborated to 1) explore the potential impact of in-home acute care on PFCs* experiences; 2) identify health, social, and practice outcome that matter to PFCs, 3) examines the social and environmental factors which may impact delivery of that includes PFC pilotity measures related to experience and outcomes. A public online survey (n=543 PFC respondents) revealed both program-specific and evaluation-needife Half, and 4) inform the Half evaluation framework that includes PFC priority measures related to experience and outcomes. A public, online survey (n=543 PFC respondents) revealed both program-specific and evaluation-specific and evaluation-specif outcomes. A public, online surrey (n=543 PFC respondents) revealed both program-specific and evaluation-specific amounts. These included a focus on patients achieving their own health goals and standard health outcomes, as well as a constant and extensive receiving the included a focus on patients and extensive receiving the included a focus on patients and extensive receiving the included a focus on patients and extensive receiving the included a focus on patients and extensive receiving the included a focus on patients are included as focus on patients are included as focus on patients are included a focus on patients are included as focus on patients are included a focus on patients are included as focus on patients are inclu themes. These included a focus on patients achieving their own health goals and standard health outcomes, as well as patients and caregivers receiving training to support Git at home. Engaging PPCs throughout HaH conception and implementation ensured the and program accurately effected the orienties: concerns, and values of those that HaH is patients and caregivers receiving training to support care at home. Engaging PFCs throughout HaH conception and implementation ensured the end program accurately seffected the priorities, concerns, and values of those that HaH is meant to verse.

Acywords

Patient and public engagement, hospital at home, patient-oriented research

Introduction

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patients

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The HaH

Hospital at Home (HaH) is an innovative care model that enables hospital-level care to be provided to that endozes trospara-sever case to be provated to patients in the comfort of their own home. Through inperson and virtual visits, patients can receive safe,

effective care from health care providers experienced in

HaH is an established model in many regions of the world, including the United Kingdom (UK), Europe, wont, mentang the Omited Pangaoni (OA).

Australia, and New Zealand. Studies have Austraua, and New Leauand. Studies dave demonstrated high levels of patient satisfaction,

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Expansion Globally



















Lessons Learned

- Collaboration is essential
- Willing to take a change
- Data is essential
- Don't say "no"...say "how"
- Give yourself permission to make a mistake
- HaH supplements current delivery of care
- Not every patient is appropriate for HaH
- Medication distribution is complicated







Future of HaH

- Expansion across BC and Canada
 - Create a National HaH "Society"
- Integration of technology
 - Automated Medication Dispenser
 - Wearables
 - Drones
- Socialize the practice model with regulatory bodies











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