

# THE BC BRANCHLET

**VISION 2023:**

CSHP will be a thriving, progressive society, leading and inspiring excellent pharmacy practice integral to patient-centred care in hospitals and other collaborative healthcare settings.

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*Editor: Tracy Liu, CSHP-BC Communications*

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Canadian Society of Hospital Pharmacists  Société canadienne des pharmaciens d’hôpitaux  
**BC BRANCH** **FILIALE DE LA C.-B.**

**OUR ROLE**

- CSHP will advocate on behalf of hospital pharmacists in a timely manner.
- CSHP will ensure organizational sustainability and effectiveness.
- CSHP will serve its members through improved membership services.
- CSHP will improve patient medication outcomes and safety by advancing practice excellence.

## President’s Message

Dear CSHP-BC Branch Members and Supporters,

With summer in full swing, I hope you are all enjoying the warmer weather, whether it be gathering with friends and family, traveling abroad, or taking in the great outdoors right here at home.

It is an exciting time for the pharmacy profession in BC! As of June 1st, expanded scope of practice changes now enable pharmacists to prescribe for 21 [minor ailments and contraception](#). Nearly a million residents in BC don’t have a family doctor, and there is increasing recognition by the public and government bodies that pharmacists can provide timely and accessible care.

CSHP-BC continues to engage with the Ministry of Health on how pharmacists practicing in hospitals and other collaborative care settings can best support these expanded scope changes. We would like to hear your perspectives on prescribing for minor ailments, contraceptives, and further expanded scope. **Please take a moment to complete the [CSHP-BC Survey on Expanded Scope of Practice for Pharmacists](#)**. The survey will be open until **Friday, July 28th**. Your feedback is valuable in guiding our advocacy efforts and strengthening our collective voice.

Building stronger partnerships has been one of CSHP-BC’s priorities this year. On June 9th, we met with the Executive Directors of the **BC Ministry of Health Pharmaceutical, Laboratory & Blood Services Division (PLBSD)**. It was the first time our branch has been invited to participate in the Ministry’s Bilateral Engagement sessions, and given a platform to raise key issues, including expanded pharmacists’ scope, pharmacy health human resource challenges, and a need for integrated digital communication tools across hospital and community practice settings. In recent months, CSHP-BC has also met with the **Health Sciences Association (HSA)** to emphasize the need to recognize clinical pharmacists’ advanced training in the ongoing classification work.

I would like to acknowledge the **contributions and dedication of Mike Kammermayer (Advocacy Chair), Karen Dahri (BC Branch Delegate), Vanessa Paquette (President-Elect) and Vincent Mabasa (Past-President)**.

BC Branch is committed to providing high-quality education programs, and continuing to offer virtual options to enable attendees from far and wide to participate. **Thank you to our Programs Committee, under the leadership of Aliya Daulat, and Chapter Chairs for all the planning work you do throughout the year!** In other exciting news, the Membership Committee planned a **fun social event** on Friday, July 7th at the ANZA Club. Thanks to everyone who attended this inaugural event!

Congratulations to this year’s graduating class of pharmacy residents, and best wishes to you as you embark on your new professional journeys as clinical pharmacists, future mentors and caring health professionals. **Thank you to Shirin Malek and Jonathan Schwarz, our co-Chief Residents**, for participating in BC Branch Council meetings this past year. I would also like to extend a warm welcome to the incoming class of pharmacy residents, and hope to see you at upcoming CSHP events.

As a new membership year begins, I hope you will [continue your support](#) for CSHP and remain connected to a strong professional association who is proud to be the voice for pharmacy professionals in hospitals and collaborative care settings. Thank you to our BC Branch members and supporters for engaging with us, and we look forward to your responses to the [expanded scope survey](#).

Best Regards,  
**Winnie Ma**

CSHP BC President 2022-23



## Pharmacy Appreciation Month (PAM) Awards

March 2023 was Pharmacy Appreciation Month! Pharmacy departments from across the province held campaigns to celebrate and promote the profession of pharmacy. The Pharmacy Appreciation Month awards are given annually to three BC Collaborative Care Pharmacy Teams that display the most impressive PAM campaigns. The awards are divided into large, medium and small site categories based on the size of the pharmacy staff.

This year, CSHP BC Branch Council voted to create a **new category for this award- the PAM Individual Award**. This is to encourage individuals who may be working independently, without connection to a larger collaborative care team, to celebrate and promote the profession. Not only did we have our first ever winner of the PAM Individual Award but after many years of going unawarded, the Small Site Category has a winner!

I am very pleased to announce and congratulate this year's award winners:

### **Large Site: Surrey Memorial Hospital (submitted by: Rochelle Gellatly and Rajwant Minhas)**



(Photo: Pharmacy Staff members at Surrey Memorial Hospital celebrating PAM)



(Photo frame at the Interactive PAM booth, Pharmacy team members at a high school career fair promoting the pharmacy profession)

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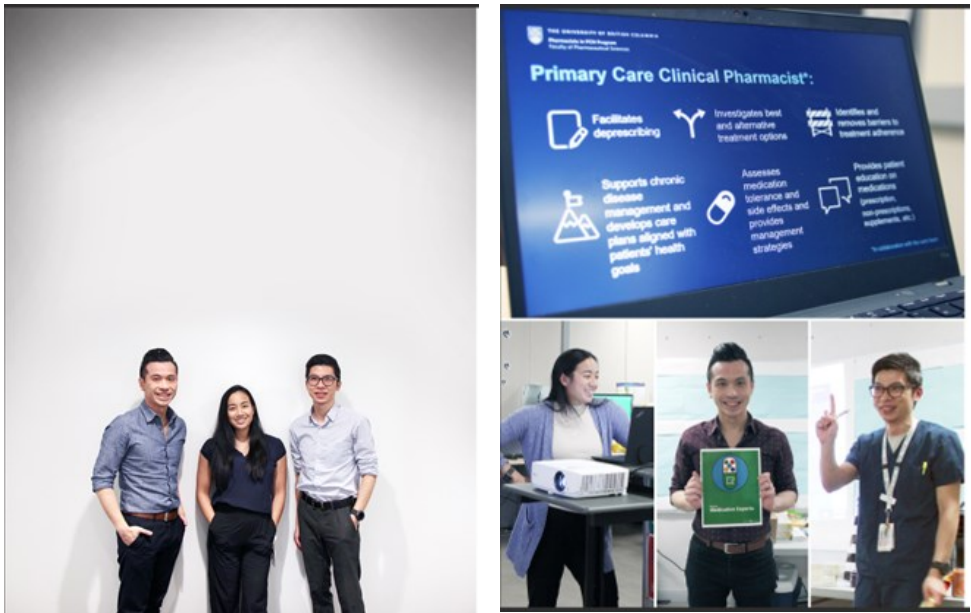




**Medium site: Lion's Gate Hospital**

**(submitted by: Suzanne Malfair)**

(Photo: Pharmacy team members at the PAM booth in the hospital atrium)



**Small Site: Richmond Primary Care Network**

**(Submitted by: Will Shum)**

(Photo: Richmond Primary Care Network pharmacy team, Pharmacy team delivering a presentation to their team)



**Individual Award: Amy Lim**

(Photo : Social Media post created by Amy to recognize Pharmacy Technicians)

There are three upcoming awards that have deadlines fast approaching!

**Publication Awards:** Original Research and Review Article

Purpose: To recognize excellence in pharmacy publication

Deadline: **August 31, 2023**

Award: A plaque and a single cash prize of \$250 to the authors who are CSHP members for each category

**Pharmacy Practice Residency Awards** (sponsored by Pfizer)

Purpose: To recognize excellence in hospital pharmacy residency projects

Deadline: **August 31, 2023**

Award: A plaque and a cash prize of \$1000 for each winner

**New Hospital Pharmacy Practitioner Award**

Purpose: To recognize significant contributions to the profession within 5 years of pharmacy practice

Deadline: **August 31, 2023**

Award: A plaque and a cash prize of \$500

Please visit the Awards section of the CSHP BC Branch website for all of the details: <https://cshp-bc.com/awards/>

## NEW AWARD!

Have you completed an Advanced Practice (Year 2) Pharmacy Residency?

If so, you may be eligible for the new CSHP National Year 2 Residency Award sponsored by Pfizer.

Deadline to apply is **September 30th, 2023.**

For details visit: [Year 2 Residency Award \(cshp.ca\)](#)

## Judges Needed!

We are currently in need of volunteer judges to help evaluate the Pharmacy Practice Residency Awards and the Ontario Branch Literary Awards! This is a great opportunity to volunteer your time and learn more about research completed by the hospital pharmacy residents around BC and research completed by your colleagues in Ontario.

To volunteer or to find out more, **please email me at:** [awards@cshp-bc.com](mailto:awards@cshp-bc.com)!

## Did You Know?! CSHP BC Branch has a Recruitment Award!

That is right, you can win an award just for recruiting colleagues to become CSHP members! There are two categories for this award:

Category 1: Most Outstanding Recruiter of Active Members (excluding students)

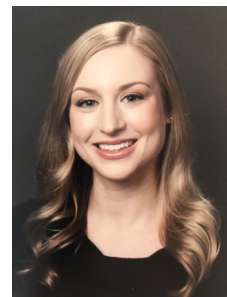
Category 2: Most Outstanding Recruiter of Student Supporters

The award consists of a plaque and cash prize of \$150.00 (Category 1) and \$50.00 (Category 2)!

A raffle draw for 4 separate prizes will take place at the AGM for all other recruiters.

Each new recruit confers one extra raffle for the recruiter!

To find out more, please visit: <https://cshp-bc.com/awards-2/recruitment-awards/>



**Stacey Tkachuk**  
Awards Chairperson

# Programs

Thank you to everyone for a great turnout for our first event of the year at the Spring Therapeutics Update 2023!

Get ready and save the date for the **Clinical Symposium on Wednesday, September 20th, 2023** at the **Italian Cultural Center in Vancouver**. Come join us for an exciting night of networking, a delicious Italian buffet dinner and dessert, and 3 educational topics and engaging speakers worth **2.0 CEUs!**

#### Featured presentations and speakers include:

- Dr. Hilary Wu – SGLT2i in CKD
- Dr. Josie Geller - Improving Collaborative Care: Assessing and enhancing patient readiness and motivation for change
- Dr. Craig Roels – Update on COPD

Registration is open [HERE!](#)



**Aliya Daulat**  
CSHP-BC Programs Chair

Believe it or not, preparing for our **Annual General Meeting happening on Nov 24 & 25 2023** is already underway!

#### Featured presentations include:

- Update on Inflammatory Bowel Disease
- Evidence Based Medicine Jeopardy
- Pharmacy and Climate Change
- Controversies in Antiplatelet Duration
- Pharmacy Informatics 101
- Topics in Transplant Infectious Diseases
- Pediatric Respiratory Illnesses
- Deprescribing From ICU

What is even more exciting this year is that the **AGM after party is back!** Stay tuned for more details. We welcome your feedback and ideas for all our events! If you have **suggestions for future topics** and speakers or how we can improve our events, **please e-mail us**. Also, new members to the Programs Committee are always welcomed! We are constantly **seeking volunteers** to bring fresh ideas and to help plan and organize upcoming events.

Please contact us at [programs@cshp-bc.com](mailto:programs@cshp-bc.com) for more details! We hope to continue to see you for another great year of education and networking with the CSHP-BC Programs Committee.

## BC Delegate

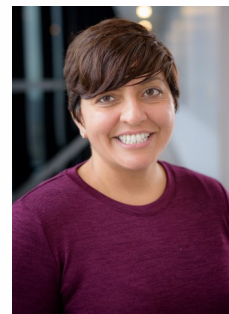
**The Midterm Board meetings occurred in April virtually.** Some of the highlights from those meetings included an initial presentation from the Vision Task Force. **The Task Force** is trying to capture the vision for hospital pharmacy which will be integrated into CSHP's new strategic plan. Look for opportunities to provide feedback in the future.

BC Branch also brought forth a recommendation at the **Midterm meetings for CSHP** to begin work to establish pharmacist to patient ratios that could be utilized as a benchmark in practice. While all members were supportive of the recommendation, given the ongoing work of the **Vision Task Force** and the development of a new strategic plan, it was decided to revisit our recommendation at a future board meeting.

June brought exciting changes in BC with the expansion of pharmacists' scope of practice to include Minor **Ailment and Contraception prescribing**. CSHP has been participating in regular stakeholder meetings with the Ministry of Health to bring the viewpoint of their members to the implementation of these new services. We continue to advocate on behalf of hospital pharmacy, look to your emails for a **survey** designed to capture your needs and views of these monumental changes.

CSHP has partnered with CASCADES in the release of the **Climate Resilient, Low Carbon Sustainable Pharmacy Playbook**. The playbook outlines how pharmacy professionals can have a role in mitigation and adaptation to promote a sustainable health system. As co-chair of **CSHP's Sustainability Task Force**, I am pleased to report good progress on the task force objectives. We have come up with a preliminary list of recommendations for CSHP which we will be presenting at the upcoming June board meetings before reaching out to stakeholders for feedback. I am excited with the work the task force has done so far and am confident that we will have many meaningful goals for CSHP to take action on.

**Rita Dhami** is CSHP's new Chief Pharmacy Officer. She brings to the role many years of hospital pharmacy experience in a variety of roles. She will lead the Professional Practice team in developing resources for members and advocating for the hospital pharmacy profession.



Kind Regards,  
**Karen Dahri**  
CSHP-BC Delegate

And lastly, please remember to renew your CSHP membership!



# Advocacy Committee

## What a momentous spring it has been for pharmacists in the province!

As of June 1<sup>st</sup>, BC pharmacists who have completed the necessary training and reported their certification to the BC College of Pharmacists are now able to prescribe for certain **minor ailments and contraception (MACS)**. In ongoing biweekly meetings, CSHP BC has continued to engage with the Ministry of Health, striving to inform the Ministry on how our members are affected by these changes, and how these changes can best be implemented. As such, you will have recently received a [CSHP BC survey](#) related to prescribing for MACS and interest in continued advocacy for further scope expansion. We hope that you were able to respond as these responses help to set the direction of our continued advocacy.

As most of our members who work in hospital practice work within a health authority, we encourage you to work with your respective health authority leadership and abide by any policy framework created to guide participation in prescribing for MACS. As always, we also encourage **collaboration and open communication** with other members of the healthcare team in order to help ensure that MACS roles out successfully.

In June, with the support of the Advocacy Committee and the CSHP BC Presidency group, our Branch President Winnie Ma, BC Delegate Karen Dahri and I were, for the first time, invited to the **BC Ministry of Health Pharmaceutical, Laboratory & Blood Services Division's Bilateral Engagement Session**. This series of meetings that the division engages in with key stakeholders from around the province aims to support and inform the strategic plan for health care in BC, and we were honoured to be invited to have a voice during this process.

**Key areas of discussion** were the continued expansion of pharmacists' scope of practice beyond MACS, pharmacists' ability to order lab tests, the need for robust digital communication tools to streamline communication across practice settings, and the inclusion of pharmacy professions in health and human resource strategies to help address pharmacist and pharmacy technician shortages province wide. We were delighted with the opportunity and have been invited to continue to engage with this group as a key stakeholder for future plans.

As these monumental changes to pharmacy practice and pharmacy relations with the BC government unfold, I want to acknowledge all the hard work of the **CSHP BC Council, Presidents Group and the Advocacy Committee** – your ideas and dedication to pharmacy practice are key to shaping our exciting future!

**Michael Kammermayer**  
CSHP BC Advocacy Chairperson

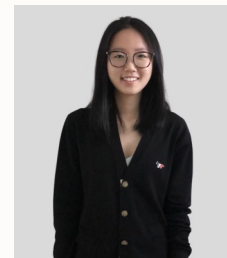


# Student Mentorship

**It's finally summer again!** We hope that summer practicums have been going well for our students and that you are all enjoying the sunshine. We would also like to say **congratulations to the 2023 graduates of the Entry-to-Practice PharmD program**, as well as those who have been accepted into the **Hospital Residency programs for the 2023-24 year**. We are so proud of all of you and can't wait to see what you will accomplish!

This year, **Hospital Residency Information Night will be held in September**, so keep an eye out for more information coming in July and August on how you can attend. This is a great opportunity to learn more about the residency programs available in BC, the application process, and career opportunities upon graduation. The registration information will be available on the CSHP-BC Branch Students Facebook page closer to the event. This is right in time for those with last minute questions about the different residency programs as PRAMS will be opening for applicants on **August 7th, 2023** and closing on **October 13th, 2023**. Good luck to all those applying in the upcoming cycle!

Our **Student Mentorship Program** was extremely successful this year, and we would like to thank all of our pharmacist mentors across the province who took part and made it such a great experience for students. With your help, we were able to provide students with early exposure to the world of clinical pharmacy, allowing them to explore future career opportunities and ask all the questions they could think of! This would not be possible without your dedicated contributions and we sincerely hope that you join us again for the 2023-2024 year. If you would like to **participate as a mentor in the upcoming school year**, or know a colleague interested in sharing their passion and expertise, look out for our registration email or contact us at: [csHPstudentcoordinator@gmail.com](mailto:csHPstudentcoordinator@gmail.com).



Respectfully submitted,  
**Laura Frankow and Brina Kim**  
CSHP-BC Student Membership Coordinators

**We would love to hear from you!**



# Helping Patients Come Together – Pharmacist-led Group Appointments

Migraine Group Appointment Toolkit now available, more to come!

Are you interested in bringing together patients with similar health conditions to learn from and with one another? Check out the **UBC Pharmacists Clinic Group Appointment How-To Guide** on the **5 steps to running your own pharmacist-led group appointments**.

The group appointment concept brings together people living with a common condition to receive education and self-management instruction, while interacting with and learning from one another.

Over the past 4 years, the **Pharmacists Clinic has created and facilitated group appointments for migraine, chronic pain and Parkinson’s Disease**. The model consists of a 1-hour session each month, for 3 consecutive months. Participants learn about and discuss their health condition, treatment options and practical medication management strategies.

Attendees really appreciate coming together in a community of people with shared experience:

*“It is at times a lonely journey and often a disability that is unseen, so not well understood by others. To hear other people voicing some of the same challenges is always meaningful and helpful.”*

**Pharmacists in all care settings should have the tools to offer group appointments for their patients.**

That is why the Pharmacists Clinic team is developing toolkits that include everything necessary to create a group appointment program - slide decks, patient handouts, clinician resources and a comprehensive how-to guide.

The **Migraine Group Appointment Toolkit** is available [here](#). Toolkits for chronic pain and Parkinson’s disease will be available through the same link soon.

**Keen to start but have questions?** Contact Dr. Nikki Domanski at [nicole.domanski@ubc.ca](mailto:nicole.domanski@ubc.ca).

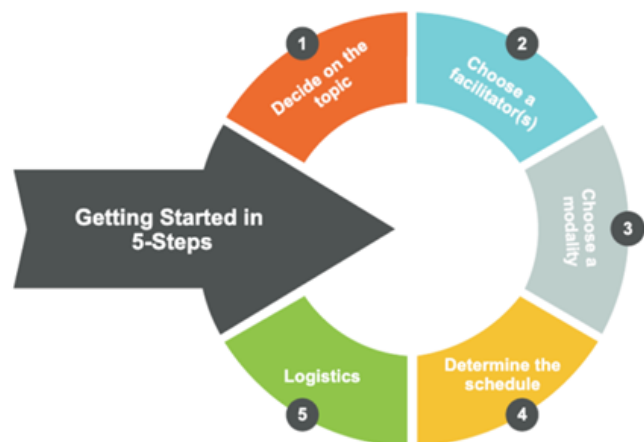


Figure 1 – Running your own pharmacist-led group appointments in 5 easy steps.

Canadian Society of Hospital Pharmacists



Société canadienne des pharmaciens d’hôpitaux

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CSHP BC Branch would like to thank the following companies for their support through unrestricted grants.

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