

# THE BC BRANCHLET

**VISION 2019:**

CSHP will be a thriving, progressive society, leading and inspiring excellent pharmacy practice integral to patient-centred care in hospitals and other collaborative healthcare settings.



Autumn at Cleveland Dam (Photo Credit: Shirin Abadi)

Canadian Society of Hospital Pharmacists  Société canadienne des pharmaciens d'hôpitaux 

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## PRESIDENT'S MESSAGE

### A warm hello from CSHP-BC branch!

Our Council is looking forward to hosting another successful continuing education event at our upcoming AGM! We had a record-breaking number of attendees at the Clinical Symposium this month. This event could not be possible without the hard work and dedication of our Programs Committee and our speakers. Thank you to all of our members for making this another successful event!

We have launched a new member benefit program this year! We are hosting a 4-session speechcraft course, where local expert toastmasters will be teaching the fundamentals of public speaking and guiding the group through the Toastmasters International Program! This is a friendly, small group environment where members can learn how to present short speeches and learn about impromptu speaking. We have launched our first session in October of this year and will continue this program based on member feedback. If you are interested in joining the next session, please let us know!

Our Council always strives to provide high quality and relevant education content at our continuing education sessions, and we have an excellent line of speakers at our upcoming event! In addition, Jody Ciufo, Chief Executive Officer of CSHP, will be a special guest attending our AGM. Our Council and CSHP have been in close contact discussing a co-investment strategy for the rebranding of our organization to become more member focused and financially sustainable. Jody will be here to discuss the CSHP's vision and strategic plans of increasing the visibility of hospital pharmacy practice. We hope to see you on November 22<sup>nd</sup> and 23<sup>rd</sup>!

Respectfully submitted,

**Cindy Y. Luo**  
President, CSHP-BC Branch



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# BC Delegate

Happy Autumn Greetings, Everyone! Hope you've been having a great fall season, while enjoying the magnificent colours on the beautiful trees, as they shed their old leaves, in preparation for renewal and rejuvenation. :)



Beautiful Fall Leaves at Queen Elizabeth Park (Photo Credit: Shirin Abadi)

Dr. Arden Barry (incoming BC Delegate) and I (outgoing BC Delegate) had the privilege of attending CSHP's Fall Board Meetings (FBM) and AGM on Oct. 2<sup>nd</sup> – 5<sup>th</sup>, 2019 in Dartmouth, NS.

Below are some of the highlights from the discussions at the recent Board meetings:

- CSHP has recently launched a national membership survey, the results of which will soon be made available to the Branches through a specific provincial report.
- There will be quarterly accountability dashboards on the co-investment strategy that will be shared with the Board and the Branches, and will include such information as membership numbers, membership engagement, member satisfaction with CSHP, etc.
- CSHP is restructuring its committees to make them more lean and efficient. It will ensure those who want to be engaged will continue to be involved, and that information will continue to be received regularly at the Branch level (details to be further worked out). The Terms of Reference for the committees will be reviewed and the purpose clarified.

- CSHP's new strategic plan was discussed and included the following topics: incorporating pharmacy technicians as CSHP members (vs. supporters), changing the name of CSHP to better represent pharmacy technicians, considering opportunities for Canadian Board Certification, advocacy, professional practice, and CSHP's value proposition. There will be more work done to determine how best CSHP should proceed with its new strategic plan, with more details to be shared in the near future.
- PPC 2022 will be held in Vancouver: May 5<sup>th</sup> – 10<sup>th</sup>, 2022, at the Sheraton Wall Centre Hotel. CSHP will collaborate with the BC Branch to make this a fun, exciting and memorable event.
- A number of recommendations were carried during FBM, a list of which can be obtained from the BC Branch Council.
- The 2020 Mid-term Board Meetings will be held in Ottawa on Friday, April 24<sup>th</sup> to Sunday, April 26<sup>th</sup>, 2020.
- The 2020 AGM and Fall Board Meetings will be held in Charlottetown, PEI, at the Rodd Hotel and Resorts on Wednesday, September 30<sup>th</sup> to Saturday, October 3<sup>rd</sup>, 2020.

As I finish my term on the CSHP Board, as the BC Delegate, I would like to thank you very much for the great opportunity to represent you. I know you will continue to be well-represented with the exciting appointment of your new BC Delegate, Dr. Arden Barry, as of Nov. 24<sup>th</sup>, 2019.

With Sincere Gratitude & Best Wishes,



**Shirin Abadi**  
Outgoing BC Delegate - CSHP

## OUR ROLE

CSHP will advocate on behalf of hospital pharmacists in a timely manner.

CSHP will ensure organizational sustainability and effectiveness.

CSHP will serve its members through improved membership services.

CSHP will improve patient medication outcomes and safety by advancing practice excellence.

## VISION 2019:

CSHP will be a thriving, progressive society, leading and inspiring excellent pharmacy practice integral to patient-centred care in hospitals and other collaborative healthcare settings.



# Programs

Thank you to everyone who came out to Clinical Symposium. It was a fantastic night of delicious food and engaging speakers. If you didn't have a chance to attend, our next event is right around the corner!

I am excited to announce that you can now register for our largest event of the year, the **CSHP BC Branch's Annual General Meeting 2019** on **November 22 & 23** at the **Marriott Pinnacle** in downtown Vancouver. This is a terrific opportunity to learn and network with your colleagues, and will be accredited for a total of 5.25 CEUs. We are fortunate to have an outstanding lineup of speakers this year, plus a special guest! Jody Ciufu, CSHP CEO, will be speaking on the CSHP Strategy for Sustainability. Also new this year, CSHP student mentees will have an opportunity to connect with their mentors during the Friday night reception.

Topics and speakers include:

## **Friday, November 22: (1.25 CEU)**

**Taking the Lead** – Luciana Frighetto

**Geriatric Cardiology** – Michael Luong

## **Saturday, November 23: (4.0 CEU)**

**Keynote: Generational Differences in Health-related Work and Learning Spaces** – Linlea Armstrong

**Prolonged infusion of antibiotics: Rationale for the insanity** – Glen Brown

**Lipid Targets: Use Them or Lose Them?**  
– Peter Loewen & Glen Pearson

**CSHP's Strategy to Sustainability** – Jody Ciufu, CSHP CEO

**The New-ish Antiepileptic Drugs** – Katelyn Halpape

**A Practical Approach to Patients with Beta-lactam Allergies – a Case-based Workshop on Assessment, Management and De-labelling Methods**  
– Jolanta Piszczek

**Word on the Street: What's New in OAT Prescribing**  
– Tamara Mihic

You can choose to attend one or both days (earn **up to 5.25 accredited CEUs** for both days). For more event details see full brochure: <https://bccshp.files.wordpress.com/2019/10/agm-2019-brochure.pdf>



CSHP-BC Clinical Symposium 2019 (Photo Credit: Sepideh Vahid)

**Livestream** is also available on either or both days for those who cannot attend in person.

**BONUS** - All 14 of our previous Rx News Flashes will be available for all attendees during the event and for a week after regardless of membership status for additional non-accredited learning! For livestream attendees, consider watching these during the presentation breaks. Some topics include subclinical hypothyroidism clinical practice guidelines, IMPACT trial for COPD, glucocorticoids in septic shock, and much more!

Register now via Eventbrite:

<https://cshpbccgm2019.eventbrite.ca>



The early bird deadline to register for in-person attendance is **November 15, 2019**.

Don't forget to also join us for the ever popular **CSHP AGM After Party** on Saturday for games, networking, drinks, and more! **Tickets are free for CSHP members** and the first 60 registrants will receive a free drink ticket.

AGM attendees can register here:



[agmafterparty2019.eventbrite.ca](https://agmafterparty2019.eventbrite.ca)



If you are not a CSHP member, that doesn't mean you can't join the fun. Non-member tickets are \$30.

I hope to see you all there!



**Michelle Hinch**  
2019 Programs Chair, CSHP-BC Branch



# Student Membership

School is back in session and to the class of 2023, we would like to extend a warm welcome. We hope you are enjoying pharmacy school thus far!

The school year started off with the annual Clubs Night during the second week of September. Over 120 students circulated through the various booths to learn more about the clubs within the Faculty of Pharmaceutical Sciences. Thank you to everyone who stopped by our booth and showed an interest in CSHP and hospital pharmacy!

This year, we saw a record breaking turnout of 81 students at the CSHP-BC Clinical Symposium as the topics presented this year were very relevant and engaging. Throughout the night, the students were able to connect with leaders of the profession and as an added bonus enjoyed the great food at the Italian Cultural Center! We hope to see everyone at our next CSHP-BC Branch event as well, the Annual General Meeting (AGM) on November 22-23, 2019.



Our next student event, the Student Symposium, took place at the end of September where we had Dr. Tamar Koleba and residents Florian Zhou and Felicia Yang talk about their experiences and professional development with CSHP. We wanted to congratulate Bradley Adams and Sarah Kim – the two raffle winners for complimentary registration to the AGM in November!

Outside the walls of UBC pharmacy, students made their way to the BC Cancer Agency Vancouver Centre to learn about the pharmacy practice residency program. Many students enjoyed meeting the program directors and preceptors of the program. We hope all that were interested put in an application this year for the upcoming residency cycle and we wish you all the best during the matching process!

Finally, we had Donna Rahmatian join us for Career Avenues where students visited booths around UBC pharmacy to learn about the different career options upon graduation.

Thank you to everyone who came by to chat with us!



Registration for the Student Mentorship Program is now open. Students have expressed an increasing interest in learning about hospital pharmacy and this program provides an early exposure to the intricacies within this profession. Thank you to all the mentors who have already signed up, your continued support and commitment to student development is greatly appreciated!

We are currently looking for more mentors to share their knowledge, passion, and expertise with students, to help them personalize their pharmacy journey. This year at the AGM, we will be hosting our very first Meet your Mentor event on Friday, November 22, 2019. The event is an informal way for mentors and mentees to mingle, connect and to learn more about what the Student Mentorship Program has to offer. All are welcome to attend this session, even if you are unable to participate in the Student Mentorship Program this year!

If you are interested or would like more information about the Student Mentorship Program, please feel free to contact us at [cshpstudentcoordinator@gmail.com](mailto:cshpstudentcoordinator@gmail.com).

We are looking forward to another exciting school year as it will be filled with events and opportunities to allow students to explore hospital pharmacy. We are very grateful for all the continued support from the students.

Respectfully submitted,



**Jenny He and Solomon Chow**  
CSHP-BC Student Membership Coordinators



The College of Pharmacists of BC Annual General Meeting (AGM) will be taking place on Thursday, November 14, 2019 from 5pm at the Fairmont Hotel Vancouver. Light refreshments and snacks will be provided. This is a great opportunity to hear the updated Annual report, network and meet and engage with the Board members at the reception that will follow the AGM.

Registration is now open but limited. You can register through e-Services → Events & Services or through the following link:

[Register Now](#)



Also, as you might have already seen in the September Board meeting highlights, a change that might be relevant to your practice is the rescheduling of some Codeine Containing Liquid preparations from Schedule 1 to 1A. For more details please see the official highlights posted here:

[Read the September Board Meeting Highlights](#)



If you have any questions or suggestions, please feel free to email me [Anca.Cvaci@bcpharmacists.org](mailto:Anca.Cvaci@bcpharmacists.org)

Respectfully,



Anca Cvaci

College of Pharmacists of BC Representative,  
elected from District 6 (Urban Hospital)

## Getting Ready for Mandatory Reporting by Hospitals

The *Protecting Canadians from Unsafe Drugs Act* (also known as Vanessa's Law) received Royal Assent on November 6, 2014. It amends the *Food and Drugs Act* to provide the Minister of Health with several new authorities. On June 26, 2019, new federal regulations were introduced that give effect to one of these new authorities. Hospitals across the country will be required to report to Health Canada all serious adverse drug reactions (ADRs) and medical device incidents (MDIs) within 30 days of being documented at the hospital. The mandatory reporting regulations come into effect on December 16, 2019.



Autumn in Dartmouth, NS (Photo Credit: Shirin Abadi)

Patient safety is a fundamental cornerstone of health care. It is estimated that ADRs account for up to two-thirds of drug-related hospital admissions and emergency department visits<sup>1</sup>. However, serious ADRs and MDIs are significantly under-reported, both in Canada and internationally. International studies estimate that only 6% of ADRs are reported<sup>2</sup>, and there is no evidence to suggest that Canadian reporting rates are higher. The mandatory reporting regulations are designed to improve the reporting of a valuable source of information about the 'real world' experiences of patients and health care professionals using the drugs and devices on the Canadian market. Improved reporting will allow Health Canada to better monitor the safety of these products and to take action when needed to protect Canadians.

Reporting serious ADRs and MDIs is a shared responsibility of all who are involved in a patient's care, with pharmacists playing a central role. According to a 2018 study, hospital pharmacists make a significant contribution to ADR reporting<sup>3</sup>, and hospital pharmacists are more likely to report serious ADRs<sup>4</sup>.

In British Columbia, all health care providers are encouraged to report ADRs and MDIs via the BC Patient Safety and Learning System (BCPSLS). In order to support hospitals and health care providers through this change and to help reporters to meet the reporting requirements, Health Canada, the BCPSLS Central Office and the BC Ministry of Health are collaborating to implement a provincial awareness campaign. This includes the development of a suite of communication tools, and an online education module to help reporters correctly identify the types of serious ADRs and MDIs mandated for reporting, how to report these events into the Patient Safety and Learning System, and where to find information and alerts about unsafe drugs and devices.

The *Vanessa's Law: Advancing Mandatory Reporting* eLearning module is available on LearningHub and iLearn for all BC health care professionals. Completion of this eLearning module can count toward the required continuing education for registered

# Getting Ready for Mandatory Reporting by Hospitals - Cont'd

pharmacy professionals in order to renew their registration annually. If you complete the module and incorporate this learning into your practice, you can include the time spent in this activity (claimed as non-accredited hours) into one of your six Learning Records.

Mandatory reporting is intended to improve the quality and increase the quantity of serious ADRs and MDIs reported to Health Canada to help identify emerging safety issues with health products on the Canadian market. If you suspect a serious ADR or MDI, report.

Additional Information on mandatory reporting by hospitals:

1. **Mandatory reporting hospital summary page:** <https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada/adverse-reaction-reporting/mandatory-hospital-reporting.html>
2. **Mandatory reporting of serious adverse drug reactions and medical device incidents by hospitals - Guidance document:** <https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada/adverse-reaction-reporting/mandatory-hospital-reporting/drugs-devices/guidance.html>
3. **BCPSLS Central – Vanessa’s Law page:** <http://bcpslscentral.ca/vanessas-law/>

<sup>1</sup>Canadian Institute for Health Information. (2013). *Adverse Drug Reaction-Related Hospitalizations Among Seniors, 2006-2011*.

Retrieved from [https://secure.cihi.ca/free\\_products/Hospitalizations%20for%20ADR-ENweb.pdf](https://secure.cihi.ca/free_products/Hospitalizations%20for%20ADR-ENweb.pdf)

<sup>2</sup>Hazell L, Shakir SA. Under-reporting of adverse drug reactions: a systematic review. *Drug Saf.* 2006;29(5):385-96.

<sup>3</sup>O’Callaghan J, Griffin BT, Morris JM, Bermingham M. Knowledge of Adverse Drug Reaction Reporting and the Pharmacovigilance of Biological Medicines: A Survey of Healthcare Professionals in Ireland. *BioDrugs.* 2018;32:267-80.

<sup>4</sup>Sweis D, Wong ICK. A survey on factors that could affect adverse drug reaction reporting according to hospital pharmacists in Great Britain. *Drug Saf.* 2000;23:165-72.

**Dr. Thanh Vu, BSc (Pharm), PharmD, RPh**  
Regional Coordinator  
Health Canada



## Membership

I am thrilled to announce that as of the end of September, we have 530 CSHP BC members and supporters! It is fantastic to see so many people supporting the profession.

Our council is happy to continue working on bringing you new membership benefits. We are proud to have brought you our first ever Toastmaster’s Speechcraft program at a very discounted price! We have completed all of our sessions, and it has been an incredibly fun time practicing our prepared and impromptu speech crafting skills with a group of positive and supportive Toastmaster facilitators! Please contact me if you would be interested in attending such a program in the future. Based on the feedback, we will decide when and where to host this program again.



**Donna Rahmatian**  
CSHP BC Branch Membership Chairperson



**The first ever CSHP-BC’s Toastmaster’s Speechcraft Program!**



# Telus Offer on the NEW iPhone 11 and 11 Pro!

## Deadline Extended!

For any orders until **November 30, 2019**, Telus will provide \$200 back (\$100 credits and \$100 Amazon gift card) rather than the standard \$100 back (\$20 per month for 5 months). Renewals/upgrades will remain at \$50 back. The Amazon gift cards will be emailed to members within 4-6 weeks, instead of being shipped with the phone.



\*\*A new activation means either transferring from another wireless provider or opening a new account with TELUS with a brand new phone number on a new 2-year contract is eligible for the \$100 bill credits plus an additional \$100 Amazon gift card.

### Bonus Offers:

- Receive \$200 back for new activations\*\* or \$50 bill credit for upgrades/renewals\*\*
- A free Gel Skin Case for your smartphone
- 50% off a car charger
- Free shipping anywhere in Canada

For more info:

[CLICK HERE](#)

## Updates to CSHP-BC Members Only Resources!

Use the member password in the email to access!



### Clinical Symposium

Video now available!

[CLICK HERE](#)

### Rx News Flash

Subclinical Hypothyroidism Clinical Practice Guidelines  
– Dr. Jennifer Bolt

[CLICK HERE](#)

Canadian Society of  
Hospital Pharmacists



Société canadienne des  
pharmaciens d'hôpitaux



Canadian Society of Hospital Pharmacists  
British Columbia Branch

## MAJOR BENEFACTORS

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