



# Canadian Society of Hospital Pharmacists

## British Columbia Branch



VOLUME 13, ISSUE 2

JULY 2014

### OUR ROLE

CSHP will advocate on behalf of hospital pharmacists in a timely manner.

CSHP will ensure organizational sustainability and effectiveness.

CSHP will serve its members through improved membership services.

CSHP will improve patient medication outcomes and safety by advancing practice excellence through CSHP 2015.

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## Membership Update

Summer is just around the corner, and the new CSHP membership year starts **July 1, 2014!** Our membership continues to grow, with a total of 535 active members and 95 student members.

“Renew online today at [MY.CSHP.ca](http://MY.CSHP.ca) to take advantage of these exclusive member benefits:

- Competitively-priced professional malpractice/liability insurance, home/auto insurance
- Discounted rates for continuing education events and webinars
- Complimentary subscription to Canadian Journal of Hospital Pharmacy (CJHP)
- Eligibility for CSHP research grants and awards
- Complimentary subscriptions to Pharmacy Specialty Networks
- CSHP weekly electronic bulletins

Do you work with someone who is interested in becoming a member? Sign up a new CSHP member and be rewarded! In doing so, you will be eligible for a \$10 coupon towards your next renewal.

Did you know CSHP BC has a **Recruitment Award?** The member who signs up the most new active members wins a \$250 recruitment award (or \$50 for the student member award). Remember to include your name as the recruiter on the new member’s application.

Please contact me at [cshpbc@gmail.com](mailto:cshpbc@gmail.com) for any membership related questions or concerns.

Winnie Ma  
Membership Chairperson, CSHP-BC Branch



# Message from the President



My first thoughts of summer are of the warm weather and the longer days. When I was a student, summer would more importantly signify the completion of the school year. Congratulations to all of the newly graduated pharmacists that will be joining us in practice and to our BC pharmacy residents who have successfully completed their year of advanced training. I would also like to give a special thanks to Harrison Lee and Rince Wong who were the Co-chief Residents this past year and who have completed their term on Council. For all of the UBC alumni out there, the Faculty is trying to encourage everyone to update their alumni profile, the link to which can be found here:

<http://www.surveyfeedback.ca/surveys/wsb.dll/s/1g15b0>.

The Residency Research Event took on a new format this year with CSHP joining with two other partner organizations, the UBC Faculty of Pharmaceutical Sciences and the BC Pharmacy Practice Residency Program Committee, to co-sponsor the event which was held at UBC this past May. It was a great evening that provided the opportunity to learn more about the different research projects the residents took on this past year.

Our Communications Officer, Eric Chu and our Programs Chairperson, Dr. Cesilia Nishi, worked hard to record the presentations from the Spring Therapeutics Update and have them available online for our members to view. The videos are available on our website ([http://www.cshp-bc.com/events/2014/spring\\_therapeutics/index.html](http://www.cshp-bc.com/events/2014/spring_therapeutics/index.html)) and are password protected. If you have not received the passwords that were e-mailed out to our members please contact [cshpbc@gmail.com](mailto:cshpbc@gmail.com). We are hoping to continue offering this as a member benefit with an evaluation of the program planned to occur within the year.

*For all of the UBC alumni, the Faculty is trying to encourage everyone to update their alumni profile. Link below:*

<http://www.surveyfeedback.ca/surveys/wsb.dll/s/1g15b0>

**Want the latest updates and be connected to CSHP BC?**

Like us on facebook

[www.facebook.com/cshpbc](http://www.facebook.com/cshpbc)



Follow us on twitter @CSHPBCBranch

[Follow @cshpbcbranch](#)

Council has also been busy representing CSHP BC Branch at various events.

Dr. Mike Legal attended the HSA conference to advocate for hospital pharmacists. Mits Miyata has been working on improving what we see on PharmaNet, a project which stemmed from our successful meeting with the BC Health Minister back in March. Dr. Shirin Abadi attended CSHP's Midterm Council meetings. I am looking forward to attending the Summer Educational Sessions this summer in Newfoundland to provide input into CSHP National's future plans. I would encourage all of you to try to attend this fantastic educational event. Not only will it provide a diverse range of continuing education presentations but also the opportunity to network with our colleagues across Canada.

Looking ahead to the fall, make sure you mark your calendars for the Clinical Symposium which will be happening September 18<sup>th</sup>, 2014. The Programs Committee has been working hard to put together a solid evening of learning for you.

Lastly, a number of positions will be available on Council for next year. Please take a look here: <http://www.cshp-bc.com/council/council.html> and feel free to contact myself or other members if you would like any more information on any of the positions.

Respectfully submitted,

Karen Dahri

President, CSHP BC Branch

Email: [karen.dahri@vch.ca](mailto:karen.dahri@vch.ca)

Branch Webpage: [www.cshp-bc.com](http://www.cshp-bc.com)

Branch Email: [cshpbc@gmail.com](mailto:cshpbc@gmail.com)

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<http://www.cshp-bc.com/council/council.html>

*Feel free to contact myself or other members for more information*

# National Delegate



## National Delegate

Warm Summer Greetings to One and All ... Aren't we lucky to live in one of the most beautiful parts of the world with the majestic mountains and the magnificent ocean nearby! On top of that, to belong to one of the greatest professions and the amazing CSHP organization are privileges that I cannot take for granted.

I had the pleasure of representing the BC Branch at the mid-term council meetings in mid-March. I was impressed by the dedication of the CSHP National Board (previously known as CSHP National Council) to its members. During these challenging financial times, I can vouch for the passion and commitment that are evident in everything that CSHP partakes in, both Nationally and at the Branch level.

As of May 1<sup>st</sup>, 2014, the Branch finances were centralized by CSHP National, in order to comply with the new Not-for-Profit Corporation's Act. Thus, the BC Branch's financial transactions are now being coordinated through the National office.



CSHP National's Compounding Guidelines Writing Team has been working diligently to put together a set of recommendations that address the handling of non-hazardous drugs and hazardous drugs (including radiopharmaceuticals), by drawing on USP 797, the Pharmaceutical Inspection Co-operation Scheme and other documents. CSHP-BC Branch has made a generous donation of \$3000 to assist with expediting the process of having the guidelines completed and made available in the near future.

The National Association of Pharmacy Regulatory Authorities (NAPRA) has updated its professional competencies for Canadian Pharmacists and Pharmacy Technicians, who are entering practice, to reflect the current expectations and to support collaborative practice and new scopes of practice for both professions. Dr. Myrella Roy, CSHP National's Executive Director, has provided input into the new competencies, which will soon be made available on NAPRA's website at [www.napra.ca](http://www.napra.ca).

After much consultation and many debates, the CSHP National Board has had to make the tough decision of ending the Summer Education Sessions (SES) after the 2015 conference. With the limiting healthcare budgets, various travel restrictions and multiple conference offerings, SES is no longer sustainable. This is all the more reason to take advantage of the next two SES events in beautiful St. John's, Newfoundland, Aug. 9-12, 2014, and lovely Ottawa in August 2015!

Wishing everyone a fabulous summer ahead,  
Shirin Abadi  
National Delegate CSHP BC Branch



*CSHP National Board has had to make the tough decision of ending the Summer Education Sessions (SES) after the 2015 conference*

# Programs Committee and Fundraising

The Programs Committee has put together two more educational events to look forward to in the fall.

## Clinical Symposium 2014 Italian Cultural Centre, Vancouver, BC Thursday, September 18, 2014

Come and join us at the Italian Cultural Centre for a delicious dinner and another great line-up of excellent speakers. Our program features the following topics and speakers:

### Dr. Dean Elbe,

Clinical Pharmacy Specialist—Child and Adolescent Mental Health, BC Children's Hospital:

**"Use of Antipsychotics in Children and Adolescent"**

### Dr. Kam Shojanja,

Clinical Professor and Head, Division of Rheumatology UBC:

**"Use of Rituximab for Rheumatologic Indications"**

### Dr. Erica Wang,

Clinical Pharmacy Specialist - Cardiac Surgery, St. Paul's Hospital:

**"Pharmacist's Approach to Valvular Heart Disease"**

## 2014 Annual General Meeting Marriott Pinnacle Downtown Hotel, Vancouver, BC Friday and Saturday, November 21<sup>st</sup> and 22<sup>nd</sup>, 2014

Join us for CSHP-BC Branch's biggest educational event of the year! The AGM program is packed with networking opportunities, educational presentations and workshops, a satellite symposium, manufacturer exhibits, and our CSHP-BC Branch business meeting.

Our speakers and topics this year include:

### Dr. Michelle Hinch

**Complications of Liver Disease**

### Mr. Don Hamilton

**Pharmacy Leadership Pearls**

**Ms. Michelle Babich, Mr. Derek Desrosiers,  
Dr. Mike Legal, Dr. Peter Loewen, and Mr. Bob  
Nakagawa**

**Entry Level Doctor of Pharmacy Program in  
British Columbia (panel discussion)**

### Dr. Celia Culley

**Top Clinical Trials of 2014**

### Dr. Gregory Deans

**Carbapenem Resistant Enterobacteriaceae**

### Dr. Ed Dillon

**Sodium and Fluid Management workshop**

### Dr. Peter Zed

**How to Write a Research Paper workshop**

We welcome your feedback! If you have suggestions for our events and speaker or topic ideas, please email Cesilia at [cshpbcpprograms@gmail.com](mailto:cshpbcpprograms@gmail.com) with your suggestions/ideas!

It is through our sponsors' generous support that we are able to provide our high quality educational events.

### 2014 Sponsor List Major Benefactors (≥ \$3500)

Astellas Bayer

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Hospira Mylan Pfizer

Pharmaceutical Partners of Canada

Pendopharm Sandoz Takeda

### Patrons (\$1000-1999)

Novartis Eli Lilly

### Sponsors (\$500-\$999)

Sunovion Omega  
Laboratories

For additional fundraising opportunities or questions, please contact Anca.

[cshpfundraising@gmail.com](mailto:cshpfundraising@gmail.com)

Thank you and we look forward to seeing you at our next events!

Cesilia Nishi

CSHP BC Programs Chair, 2014

Anca Jelescu-Bodos

CSHP BC Fundraising Chair, 2014

**Future Events  
September 18th 2014  
Clinical Symposium  
Italian Cultural Centre, Vancouver, BC**

**November 21-22, 2014  
CSHP-BC Annual General Meeting  
Marriott Pinnacle Downtown Hotel,  
Vancouver, BC**



# Chapter Update



The Northern Branch of CSHP BC held their annual spring continuing education event on June 2 in Prince George. The event was well attended with 26 attendees – 70% were pharmacists, nearly 25 % attended via videoconference from 5 regional sites Terrace, Smithers, Dawson Creek, QCI, Ft St John. Our speakers this year had inspiring, relevant and current topics from a variety of areas: UTI's, depression and anticoagulation. Here are some of the clinical pearls our presenters shared:

The talk on urinary tract infections by nearly graduated pharmacy practice resident Katie Shovar challenged us to look harder at the clinical symptoms of UTIs before treatment and remember that moxifloxacin does not achieve significant levels in the bladder to treat a UTI.

The talk on treatment resistant depression by nearly graduated pharmacy practice resident Kendra Southwood highlighted that the side effects of antidepressants and antipsychotics need to be thoroughly physically assessed before deciding to increase doses or augment therapy. The most evidence for antipsychotic augmentation lies with quetiapine and aripiprazole.

The "new kids on the block" anticoagulation talk by PharmD Celia Culley of Island Health in Victoria reminded us that time (12-24 hours) is the likely the best antidote to the TSOACs (target-specific oral anticoagulants - avoid using the "NOAC" abbreviation due to possible misinterpretation as "no-anticoagulation") at this time, and to remember to give rivaroxaban with food.

We are looking forward to the possibility of a fall event. The number of pharmacy technicians attending our even this year highlighted the need to consider technician relevant topics for future events and registered technicians may become important supporting members of CSHP in the future!

Jennifer Hawkes  
Northern Chapter Chair  
CSHP BC Branch  
[Jennifer.Hawkes@northernhealth.ca](mailto:Jennifer.Hawkes@northernhealth.ca)

***"The number of pharmacy technicians attending our even this year highlighted the need to consider technician relevant topics for future events"***

## Did you know?

The Northern Chapter has facilities in the following places:

- Burns Lake
- Dawson Creek
- Ft. Nelson
- Ft. St. James
- Ft. St. John
- Hazelton
- Kitimat
- Mackenzie
- McBride
- Prince George
- Queen Charlotte Islands
- Quesnel
- Terrace
- Smithers
- Vanderhoof



# Awards Committee

We are seeking nominations for the following CSHP BC Branch Awards:

Award	Nomination Deadline Award Description
<b>Pharmacy Practice Residency Award</b> To recognize excellence in hospital pharmacy residency projects (3 awards).	<b>August 31</b> <i>A plaque and a cash award of \$1000 for each winner</i>
<b>Publication Awards: Original Research and Review Article</b> To recognize excellence in pharmacy publication.	<b>August 31</b> <i>A plaque(s) and a single cash award of \$250 to the authors who are CSHP members for each category</i>
<b>New Hospital Pharmacy Practitioner Award *NEW*</b> To recognize significant contribution to the profession within 5 years of hospital pharmacy practice	<b>August 31</b> <i>A plaque and a cash award of \$500</i>
<b>Maria Machado Memorial Education Program Award</b> To recognize initiatives in patient counselling and/or an education program by a hospital pharmacy department.	<b>September 30</b> <i>A certificate and a cash award of \$250.00</i>
<b>Distinguished Service Award</b> To recognize outstanding achievements and long term service to the practice of hospital pharmacy.	<b>September 30</b> <i>Option 1) A plaque, cash award of \$1500, and a \$500 donation to the CSHP Research and Education Foundation made in honour of the winner</i> <i>Option 2) A plaque, travel award of \$500.00 towards an out-of-town CSHP event, a lifetime complimentary registration to any local CSHP-BC event, and a \$500 do-nation to the CSHP Research made in honour of the winner</i>
<b>Mentorship Award</b> To recognize significant contributions to the profession of pharmacy through teaching or mentorship in hospital practice.	<b>September 30</b> <i>A plaque and cash prize of \$300</i>
<b>Meritorious Service Award</b> To recognize exceptional contributions to the BC Branch CSHP and chapters through voluntary services and activities.	<b>September 30</b> <i>A plaque and cash prize of \$500</i>
<b>Recruitment Award</b> To recognize outstanding recruitment efforts for the BC Branch.	<b>October 31</b> <i>A certificate and cash award of \$250.00 (recruiter of Active Members (excluding Students)) or \$50.00 (recruiter of Student Members)</i>

For more information about some of these awards, visit our website at <http://cshp-bc.com/awards/awards.html> or check out this video:



## BC-CSHP Awards Committee: Volunteer Opportunities

Volunteering on the BC-Branch CSHP Awards Committee is an excellent way to get involved with CSHP and to learn more about the initiatives of your colleagues!

This year, we are especially in need of volunteer judges for the Publication Awards and Pharmacy Practice Residency Award submissions. If you are interested in volunteering as a judge for any of these awards, please email [bccshpaward@gmail.com](mailto:bccshpaward@gmail.com).

Thank you and I hope you to hear from you soon!  
Herb Wong  
CSHP BC Branch Awards Chairperson



Sanskrit Poem: "Spring has passed. Summer is gone and winter is here. And the song that I meant to sing remains unsung. For I have spent my days stringing and unstringing my instrument." - Rabindranath Tagore



# Canadian Society of Hospital Pharmacists

## British Columbia Branch

### CSHP-BC Branch

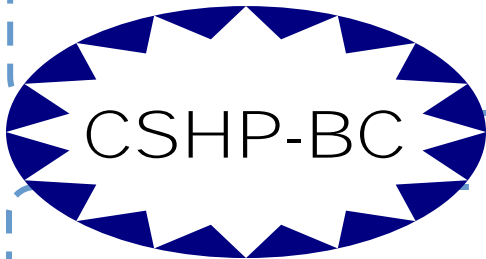
#200 - 1765 W. 8th Ave.  
Vancouver, BC  
V6J 1V8  
[cshpbc@gmail.com](mailto:cshpbc@gmail.com)

Inspiring Practice Excellence

CSHP is the national voice of pharmacists committed to the advancement of safe, effective medication use and patient care in hospitals and related health care settings.

#### Our Vision:

- Equipping pharmacists to practice to their full scope
- Advocating for the profession
- Collaborating with critical stakeholders
- Fostering engagement and networking amongst our members



## Thank you to our Sponsors

### Major Benefactors (> \$3500)

Astellas  
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Novartis  
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Pharmaceutical Partners of Canada (PPC)  
Pendopharm  
Sandoz  
Takeda

### Sponsors (\$500-999)

Sunovion  
Omega Laboratories

For additional fundraising opportunities or questions, please contact Anca Jelescu at [cshpfundraising@gmail.com](mailto:cshpfundraising@gmail.com)