

# Canadian Society of Hospital Pharmacists British Columbia Branch



## NEWSLETTER – FALL 2009

---

### INSIDE THIS ISSUE:

---

<i>Membership Update</i>	1
<i>President's Message</i>	2
<i>Advocacy Update</i>	3
<i>Delegates Report</i>	4
<i>Programs</i>	5
<i>Fundraising</i>	6
<i>Chief Residents Report</i>	6
<i>Awards</i>	7
<i>Past President's Message</i>	8

---



Get CSHP-BC newsletters by e-mail and help save BC trees.

Go to [www.cshp-bc.com](http://www.cshp-bc.com) and sign up today!

---

Go to [www.cshp-bc.com](http://www.cshp-bc.com) to keep up to date with CE, member highlights, membership benefits and more!



### Membership Update

I'm pleased to report that the CSHP BC Branch continues to grow! We currently have 398 members, compared to 345 at the same time last year. We also expect further increases in the coming month thanks to upcoming student recruitment events.

You may recall that the BC Branch once again offered membership incentive prizes to members who had joined or renewed by Sept 15, 2009. As announced at the Clinical Symposium this past week, the winners of two \$50 gift certificates to a restaurant of their choice are:

Terri Betts, from Lions Gate Hospital  
Kevin Mui, from BC Children's Hospital

Congrats to our winners and thanks to all members for your continuing support! If you have any questions regarding membership, please feel free to contact me.

Beth Crossman  
Membership Chairperson



### **President's Message**

Happy 60<sup>th</sup> Birthday CSHP BC Branch!

Although we don't look a day over 40, the BC Branch is celebrating its 60<sup>th</sup> birthday this year! British Columbia joined CSHP, as it's second provincial branch, in 1949. Looking back at the people who have volunteered for the BC Branch over the past 60 years, I am struck by the talent and amazing people who have worked to build and support the CSHP Branch and hospital pharmacy practice in our province. Many of those people have been mentors and served as role models to me throughout my career and have impacted the careers of so many of us hospital pharmacists in BC. We are truly lucky to have the opportunity to learn from and work with such inspired and inspiring colleagues.

After such a fabulous summer, things have "heated up" again since Labour Day. Adil Virani, Past President Extraordinaire, represented CSHP BC Branch at the Resident's Certificate Presentation Night. Congratulations to the talented group of residents and welcome to your next "phase" in the profession! I was pleased to represent CSHP BC Branch as a cloaker at the UBC Faculty of Pharmaceutical Sciences White Coat Ceremony as well as to hear the exciting announcement of the funding for the new Pharmaceutical Sciences building at UBC! With the added space, undergraduate student enrolment will increase by 47% in 2011. Congratulations to Dean Robert Sindelar and the Faculty of Pharmaceutical Sciences on achieving this monumental goal.

Congratulations to our Programs Committee, under the leadership of Gabriel Loh, for another successful event with the Clinical Symposium in September at the Italian Cultural Centre. Thanks to the hard work of Zahra Kanji, BC Branch Communications Officer, we have launched our new and improved website. If you haven't had a chance yet, be sure to check it out at [www.cshp-bc.com](http://www.cshp-bc.com). We would love to hear any comments you have!

As my term as President winds to an end, I am honoured to have had the opportunity to work with and learn from so many amazing people. Anisha Lakhani has ensured that we have kept on budget and are remaining fiscally sound. Chelsea Argent has done a fabulous job with fundraising, even during these tough economic times. Bethany Crossman has worked hard to increase our membership and ensure that membership benefits have been made clear to our members. Eva Cho, our secretary, has continued to keep us on track and on task. Adil Virani has continued his work representing CSHP on the PDAP committee at the College of Pharmacists and the curriculum committee at UBC. As his three year presidential officer term comes to an end this November, Adil's contributions and sage advice have been very much appreciated and will be dearly missed. Mary Shyng has taken on the external presidential portfolio with gusto, and is representing CSHP on several initiatives including the task force reviewing the new Health Professions Act for Pharmacists and Pharmacy. Natasha Rajan and Laura Carney, our student membership coordinators, and Lyle Powell, CAPSI representative, have increased student membership and the CSHP profile at UBC. Janice Munroe has kept us apprised of the CSHP National issues. Maggie Chui has streamlined the awards application process and created a strong awards committee. Caitlin Olatunbosun has worked with CSHP National on several advocacy issues including the medication safety campaign. Our Chapters, chaired by Victoria Slavik, Dana Cole, David Forbes and Amber Uhrich have held fabulous education events for our members outside of the lower mainland. Sharon Leung and Shane Pawluk have recently joined our crew as Co-Chief Residents and we look forward to working with them over the coming year.

*continued on page 3 . . .*



---

## *Fall 2009 Newsletter – CSHP-BC Branch*

---

... continued from page 2

I would like to thank all our council, committee, and chapter volunteers for the countless hours of their time they have given to continue the work of CSHP. Your efforts are very much appreciated as we continue to thrive as an organization and provincial branch. I have enjoyed working with and getting to know you all.

Your CSHP BC Branch continues to work with regulatory and advocacy groups in BC to help promote hospital pharmacy practice. Please let us know if there are issues you would like the BC Branch Council to take on and/or if you would like to get involved. We are looking for enthusiastic volunteers for several council positions including president-elect, membership chairperson, and programs chair, as well as members for programs, awards, advocacy committees. Please contact us if you want to get involved!

Look forward to seeing you at the Annual General Meeting in November!

Best regards,  
Roxane Carr, PharmD BCPS  
President, CSHP-BC Branch

### **National Advocacy Committee – Patient Safety Campaign Launched June 2009!**

CSHP's Advocacy Committee has developed a campaign to increase awareness of the role of hospital pharmacists in patient safety and as leaders in patient safety. This campaign was targeted to various stakeholders – from bureaucrats and hospital chief executive officers to health associations and deans of pharmacy – to highlight the evidence supporting this important issue.

Did you know...

- The direct involvement of hospital pharmacists in patient care greatly improves the safety of medication use and decreases patient mortality
- Medications were the second most common cause of adverse events reported in 2004 Adverse Events Study
- These often-preventable incidents led to emergency room visits, hospitalizations, increased length of stay in hospital or death

How many pharmacists does it take?

- 1 Clinical pharmacist per 25-30 occupied beds
- This cost has been estimated to be \$320 USD of pharmacist salary/death avoided
- As Direct Patient Care staffing levels increased, hospital deaths declined

For more information, see our letter and background papers on the CSHP website:  
([http://www.cshp.ca/advocacy/campaigns/patSafety\\_e.asp](http://www.cshp.ca/advocacy/campaigns/patSafety_e.asp) )!

Caitlin Olatunbosun  
BC Advocacy Rep



### **National Delegate's Report**

At the beginning of August, the CSHP National **Summer Educational Sessions** formerly known as the "AGM" was held in sunny Winnipeg, Manitoba.

Last year, I was unable to attend the AGM in Saint John New Brunswick as my son was getting married at our home. This year, during the SES in Winnipeg, I missed the birth of our first grandchild. Baby Kaden was born on their first wedding anniversary! I have to wonder what August 8, 2010 has in store!

The Winnipeg Host Committee put on a very entertaining program that included a "Folklorama" welcoming reception showcasing the diverse cultural background of the city. They also organized a great Past President's dinner at a renovated bank! Who knew banking could be so much fun?

### **National Council Meeting Updates**

#### **CSHP 2015**

Barb Wells is the CSHP 2015 Project leader. A National Steering Committee has been established to develop and maintain a Canadian crosswalk that will link the goals and objectives with other Pharmacy organizations. Everyone is encouraged to review the goals and objectives and identify their personal "target" for 2015. Additional information can be found at:

[http://cshp.ca/programs/cshp2015/index\\_e.asp](http://cshp.ca/programs/cshp2015/index_e.asp).

#### **Finances**

When the budget was originally approved a deficit was forecast that reduced the contingency fund to less than the amount required to operate for 6 months. The Finance Committee has reported that the anticipated deficit will be less than originally projected. This will ensure that the reserve fund remains intact.

#### **Practice Standards**

The Practice Standards Committee is working through all of the official CSHP publications to ensure that they are still relevant and reflect current practice. They are also establishing a schedule to ensure that all official publications are reviewed every 3 years.

The 2002 "Statement on the Potential Impact of Implementing an Entry-level Doctor of Pharmacy Degree in Canada" has been retired along with the "Update" in 2005 due to the direction of educational institutions and regulatory authorities.

#### **Blueprint for Pharmacy**

CSHP has been asked (and has accepted) the opportunity to co-lead several deliverables in the "Implementation Plan of the Blueprint". Existing committees and a number of new task forces will be established to address the deliverables.

The BC Branch has a new website!! Please take a moment to visit it at [cshp-bc.com](http://cshp-bc.com).

Respectfully submitted,  
Janice Munroe



### **Programs Committee 2009 Continuing Education Events**

I trust that many of you have had an enjoyable summer! With the arrival of autumn, we have been preparing for our two remaining continuing events of the year: the Clinical Symposium and the Annual General Meeting.

CSHP BC Branch hosted the Clinical Symposium at the Italian Cultural Centre on Tuesday September 22<sup>nd</sup> with great turnout from our members. Attendees not only enjoyed a hearty Italian buffet dinner but they were also treated to three outstanding presentations. Dr. Harjinder Parwana updated us on the current controversies in hypertension management, Dr. Marianna Leung provided us with key principles to consider when treating peritoneal dialysis patients, and Dr. Karen Dahri reviewed some of the recent trials issues surrounding the care of COPD patients. We extend our thanks to the speakers for doing such an excellent job, to our major benefactors who helped to sponsor the event, and to the members of the Programs Committee who worked tirelessly to make the evening a success.

Mark your calendars for the Annual General Meeting, which will be taking place at the SFU Morris J Wosk Center for Dialogue ([www.sfu.ca/dialog](http://www.sfu.ca/dialog)) in downtown Vancouver on Friday November 20<sup>th</sup> and Saturday November 21<sup>st</sup>! Friday evening begins with a presentation on major controversies in diabetes management, followed by a discussion on the evolving role of the clinical pharmacy technician. Saturday's list of events includes speakers and topics from the areas of cardiology, psychiatry, pediatrics, critical care, nephrology, and advanced pharmacy practice management. Included with this lineup of talk are two satellite symposia, manufacturer exhibits, poster displays, and our business meeting. After the AGM, CSHP-BC branch will again be co-hosting, in conjunction with the BC Pharmacy Association and the College of Pharmacists of BC, a free joint presentation that will appeal to all pharmacists. Don't forget to register early to secure your spot and stay tuned for further updates! Hope to see you there!

Sincerely,

Gabriel W Loh, PharmD  
Programs Committee Chair

*continued on page 5 . . .*



---

## *Fall 2009 Newsletter – CSHP-BC Branch*

---

### **Fundraising Update**

We would like to thank our sponsors listed below for their support for 2009. Our events wouldn't be possible without the continued support of these sponsors.

#### **2009 Major Benefactors (\$3500 or more)**

Bayer Healthcare  
Boehringer-Ingelheim (Canada) Ltd.  
Eli Lilly Canada Inc.  
Genpharm Inc.  
Merck Frosst  
Novartis  
Pharmaceutical Partners of Canada Inc  
Pfizer Canada Inc.  
Sandoz Canada Inc.  
Sanofi-Aventis  
Servier Canada Inc.  
Wyeth Canada

Chelsea Argent, BScPharm, ACPR  
Fundraising Chairperson

### **Chief Residents' Report**

We are delighted to join CSHP BC Branch Council this year as the new co-chief residents for 2009-10.

In this coming year, we hope to continue and encourage resident involvement in various professional development events, as well as bring the residents' perspective to different discussion topics.

We look forward to representing the residents' views on the council and liaising new initiatives/events to our fellow residents

CSHP is a forum that allows communication and sharing of knowledge across the country; as residents, we hope to tap into that knowledge in order to become as confident in the role of clinical pharmacist as our predecessors.

Watch out for us as we will be bringing the wonderful world of residency to you!

Cheers,  
Shane Pawluk and Sharon Leung  
Chief Residents



### **Awards Announcement**

I'd like to inform you of two upcoming awards with deadlines approaching soon. The award descriptions and eligibility criteria are described below. Please consider applying! Visit the B.C. Branch website for application information.

#### **1. CSHP Future Professional Pharmacy Student Award**

**AWARD DESCRIPTION** The award will consist of admission to the CSHP Banff Conference, \$500 to offset expenses associated with attending the Banff Conference, and individual plaque and an ongoing plaque at the Faculty of Pharmaceutical Science at University of British Columbia.

This award will be given to a member of CSHP-BC Branch who has shown significant and extensive contribution to promoting and exhibiting professionalism in any variety of pharmacy related activities at the local, provincial or national level. The candidate must be an active member of CSHP-BC Branch.

**APPLICATION DEADLINE** Nominations shall be submitted to the Awards Committee in writing, or on-line via the Branch website, no later than **November 30**.

#### **2. CSHP Pharmacy Practice Award**

**AWARD DESCRIPTION** The award will consist of a plaque engraved with all investigators' names and a cash prize of \$250.

The poster presenter must be a CSHP member, and can either be the primary investigator or one of the authors of the poster. Posters must be submitted under one category entitled "Pharmacy Practice". This encompasses clinical research, pharmaceuticals/ basic research, case reports, innovative pharmacy practice, administrative topics, pharmacoeconomics and drug use evaluation. Material previously presented at a national CSHP or non-CSHP event is eligible for submission. In this case, please indicate that it is an encore presentation on the poster/abstract. Material previously presented at a BC Branch CSHP event (i.e., residency project) is not eligible for submission.

**APPLICATION DEADLINE** All submissions must be received by **October 25**. Abstracts that are mailed must be postmarked no later than **October 25**. Note: All posters will be displayed at the BC Branch AGM on November 20, 2009. We look forward to seeing you there!

#### **3. Awards Committee**

Are you interested in getting involved with the BC CSHP but unsure where to start? The awards committee will be an excellent way for you to participate with CSHP! We are always looking for the talented pharmacists around the province to get involved.

If you have any questions, please contact me via email [bccshpaward@gmail.com](mailto:bccshpaward@gmail.com)

Maggie Chui  
Awards Committee Chair



### **Past President's Report**

As I reflect on the last 3 years with the BC Branch, which flew by much faster than I imagined, I can't help but express my gratitude for the opportunity to serve the Branch and be connected to many aspects affecting our wonderful profession.

During my term as President, I've had the privilege of meeting and working with lots of great volunteers and to provide input on several initiatives such as the review of the College of Pharmacists' PDAP program, sitting on the curriculum committee at UBC, going to Victoria to participate in discussions on pharmacist prescribing, attending National CSHP events and encouraging pharmacy students to consider a career in hospital pharmacy.

It has been great to see the revisions and updates to the refreshed CSHP BC Branch website, the addition of some new awards to recognize exceptional hospital pharmacy practice and mentors and to compile a list of BC Branch Past Presidents dating back to 1972!

Our Branch has a wonderful history, dating back 60 years and I'm glad to see our Branch is getting stronger year after year! As I've been saying throughout my term, I encourage you to get involved, one way or another, with YOUR CSHP BC Branch! Our Branch is only as strong as our members! It is a great way to help advance and be connected with your profession and work with great people!

I thought I'd end my final Newsletter report with a few lessons learned during the last few years:

1. Under promise and over deliver.
2. Prepare the best you can, then go with the flow.
3. Don't take yourself too seriously or be too hard on yourself.
4. Listen carefully, think quickly and speak when necessary.
5. When in doubt about the future or what's going to happen, take the next step.
6. Laugh whenever you have the chance.

I look forward to seeing you at this year's AGM in November and continuing to be active with CSHP events!

Sincerely,  
Adil Virani, BScPharm, PharmD, FCSHP  
Past-President, CSHP-BC Branch

